General Tips:

- Use a passcode or biometric
- Only grant apps permissions if you need the app to have it
- Enable location, NFC, and Bluetooth only if you need them

 iOS

1. Go through the privacy settings menu
2. Go to individual app settings to adjust any privacy settings there
3. Review settings for Safari & for your notifications content display
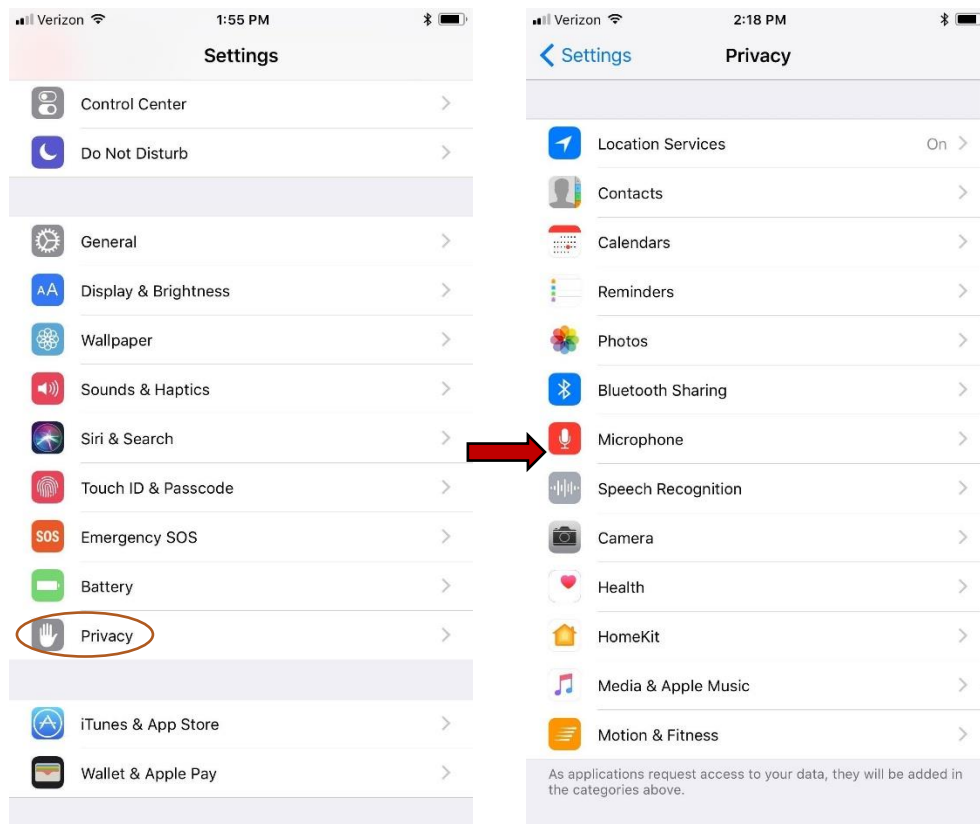
1. Encrypt your device: Go to **Security** Settings and Encrypt Phone

2. Go to **Apps & Notifications** for permissions and content display
   o Select an App and select "permissions" to adjust them
   o Notification settings let you choose what content appears on your lock screen

3. Use an antivirus to help protect your data

4. Take the Privacy Checkup for your Google Account
   o Many privacy settings are linked to your Google Account
   o https://myaccount.google.com/privacycheckup