28 - Mental models of security; Software updates

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Today!

- Mental Models of Security
- Unpublished Study on Software Updating
Mental Models Study

Rick Wash, “Folk Models of Home Computer Security” (SOUPS 2010)
Wash 2010

• How uses perceive and understand computer security

• Understand the mental models of users
Wash 2010

- 33 semi-structured interviews
- About 45 minutes each
- Broad questions
- Hypothetical scenarios
Wash 2010

• Folk models used to decide whether to follow security advice
• For example, “Use anti-virus software” was viewed as important to users who saw viruses as supporting crime and less important to users who viewed viruses as buggy software
Wash 2010: Viruses

- “Virus” as general term for malware
- Generically bad
- Buggy software
- Virus as annoyance
- Support crime
- Multiple of the above
Wash 2010: Hackers

- “Hacker” term used for malicious actors
- Digital graffiti artists
- Burglars
- Criminals who target valuable targets
- Contractors who support criminals
- Employees of offensive teams in nation-state governments
- Multiple of the above
Wash 2010

• Main takeaway: How users perceive threats can affect their security-related behavior.
• Users often do not understand threats the same way that sophisticated users do.
• Users may take actions that only make sense if you understand their behavior.
Updating Behavior and Sentiment of Windows Home Users

Originally by Rich Shay
(unpublished study)
EVERY TIME I UPDATE MY SOFTWARE, IT TELLS ME I HAVE TO REBOOT.

AND EVERY TIME I REBOOT, I GET ANOTHER MESSAGE TO UPDATE SOMETHING ELSE. IT'S ALL I'VE BEEN DOING SINCE OCTOBER.

BUT YOU WORKED IN SEPTEMBER, RIGHT?

I ADMIRE YOUR OPTIMISM ABOUT THE PAST.
What is Updating?

Patches are additional pieces of code developed to address problems (commonly called “bugs”) in software. Patches enable additional functionality or address security flaws within a program.

– NIST 2005
What is Updating?

A security update is a widely released fix for a product-specific, security-related vulnerability.

– Microsoft
Why do we care?

Successful attacks on unpatched software vulnerabilities have caused billions of dollars in damage.

– Robert Dacey, directory of GAO, 2003
Why do we care?

According to CERT/CC, about 95 per cent of all network intrusions could be avoided by keeping systems up to date with appropriate patches; however, such patches are often not quickly or correctly applied.

– Robert Dacey, directory of GAO, 2003
Why do we care?

In spite of their high cost and the headaches they cause, many security breaches are easily avoidable. The security fixes are available, but users don’t get them installed quickly enough (or at all)

– Microsoft 2008
Observation

• Timely updates important to security
• Most updating research focused on organizational setting
• Dearth of research on home-users
Study Goal

• Study behavior and sentiment of Windows home users on updates

• Offer insights to software-writers with large population of home users
Windows Update

• Mechanism for Windows users to do updates
• Can be configured from control panel
• Recommendation: Automatic update and install
Methodology
Target Participants

Participate in a Carnegie Mellon University research study about computer updating. You must be at least 18 years old and own a personal computer you bought and maintain yourself. It must run a legal copy of Windows and not be primarily used for work.
Recruitment
Survey Administration

• Survey Gizmo
• Duplicates prevented
• 28 cents per participant
<table>
<thead>
<tr>
<th>Question</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Neutral</th>
<th>Agree</th>
<th>Strongly agree</th>
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<td>4. Using my computer is enjoyable.*</td>
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<td>5. I regularly use a computer at work or at school.*</td>
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<td>6. Using my computer is often difficult.*</td>
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Survey Overview
Study Overview

• Demographics (eg, age, technical expertise)
• General computer usage
• Updating behavior
• Updating sentiment
Results and Findings
Removing Subjects
from 647 to 542
Demographics

- 337 male, 205 female
- Mean age 31 years
- 230 from India, 191 from USA
- Most regularly use a computer at work/school
Computer Usage

• Mean time 31 hours
• Most popular OS: Windows XP, Windows 7
• Computer use enjoyable, not difficult
• Most victims of Malware
Updating Behavior

- 55% changed default settings
- 88% receive notification about updates
- Mean 7.11 updates in three months
  - Installed 4.24
Waiting to Install
What users liked

• 75% felt updates made them more secure
• 59% generally felt they knew what a given update would do
What users disliked

• 48% agreed to wanting computer to download and install updates automatically

• 65% found rebooting for updates annoying
Beyond Windows

• 61% agreed with more programs having automatic update feature

• 42% agreed with Microsoft handling all of their software updates (even from other companies)
Why Update

Reasons participants update Windows

- Trusting Microsoft
- Stop computer nagging
- Protection from malware
- Access to the latest technology

Number of participants agreeing
Delay/Avoid Updating
Technical Users
Technical Participants

Are you majoring in or do you have a degree or job in computer science, computer engineering, information technology, or a related field?
Technical Participants

• More likely use computer at work/school
• Less likely to use Vista
• Install updates no more or less quickly
Technical Differences

• More concerned with malware
• Less annoyed by reboots
• More wish MS would handle all updates
• Less likely to avoid updates due to rebooting or being in middle of a task
Did participants change default Windows Update settings?

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<tr>
<td>Technical</td>
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Percent of this group of participants

Changing Defaults
Main Findings

• Participants showed generally positive attitude toward updates

• Trusting Microsoft and fear of malware primary motivators to update

• Many participants wish other organizations offered automatic updates
but...
Main Findings

• Many participants changed default settings
• Many disabled automatic installation
• Participants indicated task interruption a main reason to avoid updates
• Participants found forced reboot annoying